

TABLE OF OIL RECOMMENDATION - MOTORCYCLE



Make	Model or 2-/4-stroke	Midland Motor Oil	Gearbox Oil	Front Fork Oil	Rear Differential Oil
Aprilia	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	HP 80W-90	Motorcycle Fork Oil	HP 80W-90
Aprilia	Motorcycles, 4-stroke			Motorcycle Fork Oil	HP 80W-90
Aprilia	— Habena 125, SL 1000, RSV Mille,				
Aprilia	RST Futura, ET 1000, Pegaso 600,				
Aprilia	Tuareg 350, 600	Motorcycle 10W-40/ 20W-50			
Aprilia	— Scarabeo, Leonardo, Atlantic, Moto 6,5				
Aprilia	Pegaso 650	Motorcycle 10W-40/ 20W-50			
Aprilia	— other 4-stroke engines	Motorcycle 10W-40/ 20W-50			
Benelli	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle		Motorcycle Fork Oil	HP 80W-90
Benelli	Motorcycles, 4-stroke			Motorcycle Fork Oil	HP 80W-90
Benelli	— of those Velvet	Motorcycle 10W-40/ 20W-50			
Benelli	— 250 ur, 304, 654, 900	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Betamotor	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	HP 80W-90	Motorcycle Fork Oil	HP 80W-90
Betamotor	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	HP 80W-90
BMW	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50	HP 80W-90		HP 80W-90
BMW	— F 650, R 1100 S, R 1150 GS, K 1200 GT	Motorcycle 10W-40/ 20W-50			
BSA	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50	Motorcycle 10W-40	Motorcycle Fork Oil	
BSA	Motorcycles, 2-stroke with cylinderinsug	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle 1:25	Motorcycle 10W-40	Motorcycle Fork Oil	
Cagiva	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50	Motorcycle 10W-40/ 20W-50	Motorcycle Fork Oil	Motorcycle 10W-40/ 20W-50
Cagiva	— of those gearbox Mito 50		Motorcycle 10W-40/ 20W-50		
Cagiva	— of those front fork Mito 125, Planet 125				H-22
Cagiva	— of those front fork Rapstar, Elefant			Motorcycle Fork Oil	
CCM	Motorcycles, 4-stroke 1999-	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
CZ	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	Motorcycle 10W-40	Motorcycle Fork Oil	
Ducati	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Ducati	— of those 900-series	Motorcycle 4-cycle SAE 50		Motorcycle Fork Oil	
Ducati	— others	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Gilera	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	Motorcycle 10W-40	Motorcycle Fork Oil	Motorcycle 30
Gilera	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	Motorcycle 30
Harley Davidson	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50	special	special	
Hero Puch	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	Motorcycle 10W-40		
Honda	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	Motorcycle 10W-40	Motorcycle Fork Oil	
Honda	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Honda	— of those CDR 450 R, NC 50		Motorcycle 10W-40		
Honda	— VT 500 ED, CX 650, GL 650, GL 1100				
Honda	PA 50, PX 50				HP 80W-90
Honda	— NTV 600, NT 659 V, VF 750 C,				
Honda	ST 1100, GL 1200, GL 1500, F6C				
Honda	— NB 50, ND 50, NP 50, NT 50, SH 50				

Make	Model or 2-/4-stroke	Midland Motor Oil	Gearbox Oil	Front Fork Oil	Rear Differential Oil
Honda	Silvering 600				HP 80W-90
Honda	SGX 50, SFX 50, SJ 50, SJ 100				
Honda	FES 125, NH 125	Motorcycle 10W-40/ 20W-50			Motorcycle 10W-40
Jawa	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	Motorcycle 10W-40		Super M5 75W
Jawa	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50			Super M5 75W
Kawasaki	Motorcycles, 4-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	Motorcycle 10W-40	Motorcycle Fork Oil	
Kawasaki	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	HP 80W-90
Kawasaki	— of those KX 85, KX 100, KX 125, KDX 220,				
Kawasaki	KDX 250, KX 500, KLX 250, KLX 300 R,				
Kawasaki	CXR 400, KLX 650, ZXR 750, 2X-7R,				
Kawasaki	ZX-9R, ZRX 1100			Motorcycle Fork Oil	
KTM	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	Motorcycle 10W-40	Motorcycle Fork Oil	
KTM	— of those 50		SBK		
KTM	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
KTM	— of those 640 Duke II, 660 Rally	Motorcycle 10W-40/ 20W-50			
Laverda	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Laverda	— of those 1000 RGS/RGA, Mirage, 1200	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Morini	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Moto Guzzi	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50	HP 80W-90	Motorcycle Fork Oil	Super M5 75W
Moto Guzzi	— of those 350 Nevada, 750 Targa, 850 TS				
Moto Guzzi	V 1000, V 1000S,		HP 80W-90		
Moto Guzzi	— Calirnia EV,			Super M5 75W	
Moto Guzzi	— Centauro V10, Daytona RS,		HP 80W-90	Super M5 75W	
Moto Guzzi	— Mille GT, Strada, Calirnia 1100,				
Moto Guzzi	Quota 1000, Daytona 1000,				
Moto Guzzi	Calirnia 1100/EV/Special Sport,				
Moto Guzzi	Sport 1100, Le Mans 1100, Mans Tenni		HP 80W-90	Motorcycle Fork Oil	
Norton	Motorcycles, 4-stroke	Motorcycle 50		Motorcycle Fork Oil	Motorcycle 10W-40
Peugeot	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle		Motorcycle Fork Oil	
Peugeot	— Speedake, Fenix, SV 50/125		Motorcycle 10W-40		
Peugeot	— Elysee 50, Speedfight 50, Squab, Vivc. 50				
Peugeot	Speedfight 100, X-Team		HP 80W-90		
Peugeot	— Leexer 50,			Motorcycle Fork Oil	
Peugeot	— Metal-X, Trekker 50, Elysee 100				
Peugeot	Trekker 100 Road		HP 80W-90	Motorcycle Fork Oil	
Peugeot	— Vivacity 100,		HP 80W-90	Motorcycle Fork Oil	
Peugeot	— ST, Rapide,		Motorcycle 10W-40		
Peugeot	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50	HP 80W-90	Motorcycle Fork Oil	
Piaggio	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	Motorcycle 40		
Piaggio	— of those Liberty 50, Zip 50			Motorcycle Fork Oil	
Piaggio	— others			Motorcycle Fork Oil	
Royal Enfield	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50	special		

Make	Model or 2-/4-stroke	Midland Motor Oil	Gearbox Oil	Front Fork Oil	Rear Differential Oil
Royal Enfield	— of those Bullet 350 500 Super Star				
Royal Enfield	India 350	Motorcycle 10W-40/ 20W-50			
Suzuki	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	Motorcycle 10W-40	Motorcycle Fork Oil	
Suzuki	— of those RM 250			Motorcycle Fork Oil	
Suzuki	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50	Motorcycle 10W-40	Motorcycle Fork Oil	HP 80W-90
Suzuki	— of those GS 1215ES, YZ 800, TL 1000R/R,				
Suzuki	GSX-RT 1100W, AN 125,			special	
Suzuki	— DR-Z 400 S, GSX R1000, GSX R 1100,				
Suzuki	GSX1400			Motorcycle Fork Oil	
Triumph	Motorcycles, 4-stroke				
Triumph	— Bonneville 1975-88	Motorcycle 10W-40/ 20W-50	special	Motorcycle Fork Oil	
Triumph	—Thunderbird Sport, Daytona			Motorcycle Fork Oil	
Triumph	— others			Motorcycle Fork Oil	
Vespa	Scooters, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	Motorcycle 40	H-15	
Vespa	— PKS 50, PK 80, V 100, 125, 150, Cosa		Motor Oil		
Vespa	— PX 125, PX 200, T5,		Synqron Gear 75W-90		
Vespa	Scooters, 4-stroke		Motorcycle 40	H-15	Motorcycle 30
Yamaha	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle	Motorcycle 10W-40	Motorcycle Fork Oil	Motorcycle 10W-40
Yamaha	— there of FS1, RD 80, DT 125 R, RDZ 125,				
Yamaha	TDR 125, TDR/TZR 250, YZ 250,				
Yamaha	RD 350,			Motorcycle Fork Oil	
Yamaha	— YX 85, TZR 125B, YZ 125,			Motorcycle Fork Oil	
Yamaha	Motorcycles, 4-stroke	Motorcycle 10W-40/ 20W-50		Motorcycle 10W-40	
Yamaha	— of those TT-R 125, WR 250, YZ 250 F	Motorcycle 10W-40/ 20W-50			
Yamaha	XV 250,			Motorcycle Fork Oil	
Yamaha	XT 350	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Yamaha	Motorcycles, 4-stroke (rts.)	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Yamaha	— of those DR-Z 400 SY, XY 535	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	HP 80W-90
Yamaha	XZ 550, FZ 600, SRX 600 , XJ 600				
Yamaha	XT 600,			Motorcycle Fork Oil	
Yamaha	YZF 600			Motorcycle Fork Oil	
Yamaha	— FZR 600, XJ 600, FZ 750, FZX 750				
Yamaha	XTZ 750, TRX 850 XJR 1200, XV 1200	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Yamaha	— YZF-R6 600, XZF-R7,	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Yamaha	— XJ 650, XJ 900, XV 1000,	Motorcycle 10W-40/ 20W-50		Motorcycle 10W-40	HP 80W-90
Yamaha	— XVS 650, XV 750, XS 850			Motorcycle Fork Oil	HP 80W-90
Yamaha	VMX 1200	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	HP 80W-90
Yamaha	— SZR 660, XTZ 660, FZR 750, YZF 750,				
Yamaha	TDM 850, GTS 1000,	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Yamaha	— FZR 1000, FJ 1100/1200,	Motorcycle 10W-40/ 20W-50		Motorcycle 10W-40	
Yamaha	— BT 1100	Motorcycle 10W-40/ 20W-50			HP 80W-90
Yamaha	— XVS 1100	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	HP 80W-90

Make	Model or 2-/4-stroke	Midland Motor Oil	Gearbox Oil	Front Fork Oil	Rear Differential Oil
Yamaha	— XJR 1300	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Yamaha	— FJR 1300	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	HP 80W-90
Yamaha	— XVZ 1300	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	HP 80W-90
Yamaha	— XV 1600	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	HP 80W-90
Yamaha	Motorcycles, 2-stroke	Motorcycle 2-cycle, Motorcycle Synqron 2-cycle			Motorcycle 10W-40
Yamaha	— CA 50, CG 50, OT 50, SA 50, Y 50				
Yamaha	CV 80, Y 80,		Motorcycle 10W-40/ 20W-50		
Yamaha	— CS 50, CW 50, YH 50, YN 50, YQ 50,				
Yamaha	YO 100			Motorcycle Fork Oil	Motorcycle 10W-40
Yamaha	— EW 50				Motorcycle 10W-40
Yamaha	— MS 50, LB2 80,		Motorcycle 10W-40/ 20W-50	Motorcycle 10W-40	
Yamaha	— Zest		Motorcycle 10W-40/ 20W-50	H-46	
Yamaha	— YN 100		Motorcycle 10W-40/ 20W-50		Motorcycle 10W-40
Yamaha	Scooters, 4-stroke	Motorcycle 10W-40/ 20W-50			
Yamaha	— except XC 125	Motorcycle 10W-40/ 20W-50			Motorcycle 10W-40
Yamaha	— XN 125, XQ 125, XN 150	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	
Yamaha	— YP 125	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	Motorcycle 10W-40
Yamaha	— YP 250	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	Motorcycle 10W-40
Yamaha	— YP 500	Motorcycle 10W-40/ 20W-50		Motorcycle Fork Oil	

Check your instruction manual or service book for more information, specifications and volumes.
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